



ROLE OF CARERS

- Upon arrival, register at the shed.
- Once at the sailing area: register your client with the volunteers at the board and establish your sailing time.
- Ensure that clients wear secure footwear and headwear.
- Ensure the client's PFD is the correct size and fitted securely.
- Ensure that clients are ready to board a boat at least 5 minutes before their allocated time arrives.
- Carers need to help volunteers to load/unload clients into boats.
- Secure footwear must be worn. Your footwear will get wet.
- The carer is responsible for their client until their client's boat leaves the beach area. This responsibility resumes when their boat arrives back at the beach area. Carers must always be present at the launch area throughout the entire activity.
- The chance of back injury is high when loading/unloading larger clients. Extreme care must be taken. If the volunteer/carers is unsure of their physical ability in this issue, please say no to the task or ask for appropriate assistance.
- To minimise the effects of UV radiation on the skin clients should wear appropriate clothing, headwear and sunglasses.
- Sunscreen will assist in blocking damaging UV rays from exposed skin.
- Sunscreen with the recommended Sun Protection Factor is available from the First Aid Officer or available at the shed before sailing commences.
- Covered picnic tables and shade shelters are provided each day that clients, carers and volunteers are in attendance. Please make use of these.